

2024 FIRST TERM ASP (AFTER SCHOOL PROGRAMME)

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SWIMMING			Squad U8/U9 13:30 - 14:15 Mrs Meyer/Mrs Serra Mrs Kleibeler		MORNING SLOT U12/U13 07:00 - 07:30 Mrs Keyser Mrs Serra	Galas take place on Friday afternoons. We will notify squad members who has been selected for galas and provide relevant venue and time details.
		Squad U10/U11 14:30 - 15:15 Mrs Hechter Mrs Du Plessis		Squad U10/U11 14:30 - 15:15 Mrs Hechter Mrs Du Plessis	Squad U8/U9 13:30 - 14:15 Mrs Meyer/Mrs Serra Mrs Kleibeler	
		Squad U12/U13 15:15 - 16:00 Mrs Keyser Mrs Serra				
MUSIC GROUPS			JAZZ BAND 07:10 - 07:40 Mr Gibbons Miss Dunn Music room	MARIMBA Junior 14:15 - 14:45 Mrs Verster Music Room	JAZZ BAND 07:10 - 07:40 Mr Gibbons Miss Dunn Music Room	MARIMBA Junior 07:10 - 07:40 Mrs Milledge Music Room
			MARIMBA Senior 07:10 - 07:40 Mrs Milledge Music Room	MARIMBA Senior 14:45 - 15:15 Mrs Verster Music Room		
CHESS		CHESS TEAM 14:30 - 15:30 Mr Bellos Miss Cassiem	U7 - U8 CHESS 13:30 - 14:30 Mr Van Niekerk	CHESS BEGINNERS 14:30 - 15:30 Mr Pretorius	CHESS TEAM 14:30 - 15:30 Mr Bellos Miss Cassiem	
		BEGINNERS 14:30 - 15:30 Mr Van Niekerk Mr Pretorius				
CLUBS		Maths Club 14:15-15:00 Mrs Mahabeer Grade 3 & 4 Invitation only	E-Squared 14:30 - 15:00 Miss Armstrong Gr 4 Invitation only	IGNITE 07:15 Mrs Siganda Ms Goetze Library		
				Art Club 14:30 - 15:30 Mrs van Zyl S Invitation only Grade 6 & 7 (Art Room)	Cheer Team 14:30 - 15:30 Mrs van Zyl S Invitation only Grade 6 & 7 (Art Room)	
			General Knowledge 14:15 - 15:00 Mrs Allen Gr5 - Gr7 Library	Maths Club 14:15-15:00 Mrs Mahabeer Grade 5 & 6 Invitation only		
		Readers are Leaders 14:30 - 15:00 Mrs Walsh Ms Abrahamse Invitation only	Readers are Leaders 14:30 - 15:00 Mrs Walsh Ms Abrahamse Invitation only	Readers are Leaders 14:30 - 15:00 Mrs Walsh Ms Abrahamse Invitation only		
RUGBY / HOCKEY		U12/U13 Rugby 15:45 - 17:00 Mr Munday Touring Group	U12/U13 Hockey 15:00 - 16:00 Hockey Boys EHS ASTRO Mr Forbes Touring Group		U12/U13 Hockey 15:00 - 16:00 Hockey Boys EHS ASTRO Mr Forbes Touring Group	Rugby & Hockey Trials have been completed. Four squads have been selected and letters given to those players selected for the squads.
			U12/U13 Hockey 15:00 - 16:00 Hockey Girls EPS FIELDS Mrs Veldsman Touring Group	U12/U13 Hockey 15:00 - 16:00 Hockey Girls EPS FIELDS Mrs Veldsman Touring Group		

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ATHLETICS	Time: 13:30 - 14:00	JUNIOR ATHLETICS				
		Sprints U7 Mrs Charles x2 Coaches	Sprints U8 Mrs Melim x2 Coaches	Sprints U7 Mrs Charles x2 Coaches	Sprints U8 Mrs Melim x2 Coaches	
	Practices: 14:30-15:15	SENIOR ATHLETICS				
		Sprints U9 - U10 Miss Ferreira x2 Coaches	Sprints U11 - U14 Mrs Harris x2 Coaches	Sprints U9 - U10 Miss Ferreira x2 Coaches	Sprints U11 - U14 Mrs Harris x2 Coaches	
		High Jump U10 - U14 Mrs Lategan x1 Coach	Long Jump U10 - U14 Ms Ngoma x1 Coach	High Jump U10 - U14 Mrs Lategan x1 Coach	Long Jump U10 - U14 Ms Ngoma x1 Coach	
		Shotput U10 - U14 Mr Flawn		Shotput U10 - U14 Mr Flawn		
		Hurdles Invitation only Mr Munday x1 Coach		Hurdles Invitation only Mr Munday x1 Coach		
			Cross Country U9 - U14 Mrs Henry	Cross Country U9 - U14 Mrs Henry		
CRICKET	Tournaments: Parents to be informed	JUNIOR CRICKET				Cricket If there are no matches there will be practice at school - usual practice times apply.
		U9 Practice 14:30 - 15:15 Miss Scheepers x2 Coaches	U8 Practice 13:30 - 14:15 Ms Lockett Mrs N Krog x1 Coach	U7 Practice 13:30 - 14:15 Mrs N Krog Ms Herringer x1 Coach	U8 & U9 Match 14:00 - 16:00 TEAM ONLY Miss Scheepers Ms Lockett	
	SENIOR CRICKET					
	U10 Match Mr Nathan	U11 Practice Mr Marchand x1 Coach	U11 Match Mr Marchand	U10A Practice Mr Nathan x1 Coach		
TENNIS	Practice 14:30 - 15:30	U12 Practice Mr De Reuck x1 Coach	U12 Match Mr De Reuck	U13 Practice Mr Wessels x1 Coach	U13 Match Mr Wessels	
		Grade 1 & 2 13:30 - 14:30 TBC Ms Herringer Mrs Rossouw		Team Matches Miss Carolus Mrs Spencer Team only Club/School	Grade 3 13:30 - 14:30 Mrs Lawrence Mrs Rossouw Professional Coach	Tennis If there are no matches there will be practice at school - usual practice times apply.
		Team Practice 14:30 - 15:30 Miss Carolus Mrs Spencer	Grade 5 14:30 - 15:30 TBC Mrs Serra Mrs Rossouw Professional Coach	Grade 6 & 7 Practice 14:30 - 15:30 Mrs Rossouw x2 Coaches Ms Laing	Grade 4 14:30 - 15:30 Ms Laing Mrs Rossouw Professional Coach	
NETBALL		U12/13A&B 14:30 - 15:30 Mrs Emery Mrs Basela		U12/13A&B 15:00 - 16:00 Mrs Emery Mrs Basela		W.P. Netball season now starts in Term 1. Matches will start once fixtures are available.
		U10/11A&B 14:30 - 15:30 Mrs Niemann Mrs Feldtman Mrs Veldsman		U10/11A&B 14:30 - 15:30 Mrs Niemann Mrs Feldtman Mrs Veldsman		
CHOIR		Senior 14:15 - 15:15 Mrs Verster Mrs Milledge Hall	Junior 13:15 - 14:15 Mrs Verster/Mrs Milledge Invitation only Hall		Junior 13:15 - 14:15 Mrs Verster/Mrs Milledge Invitation only Hall	Senior 13:00 - 13:45 Mrs Verster Mrs Milledge Hall